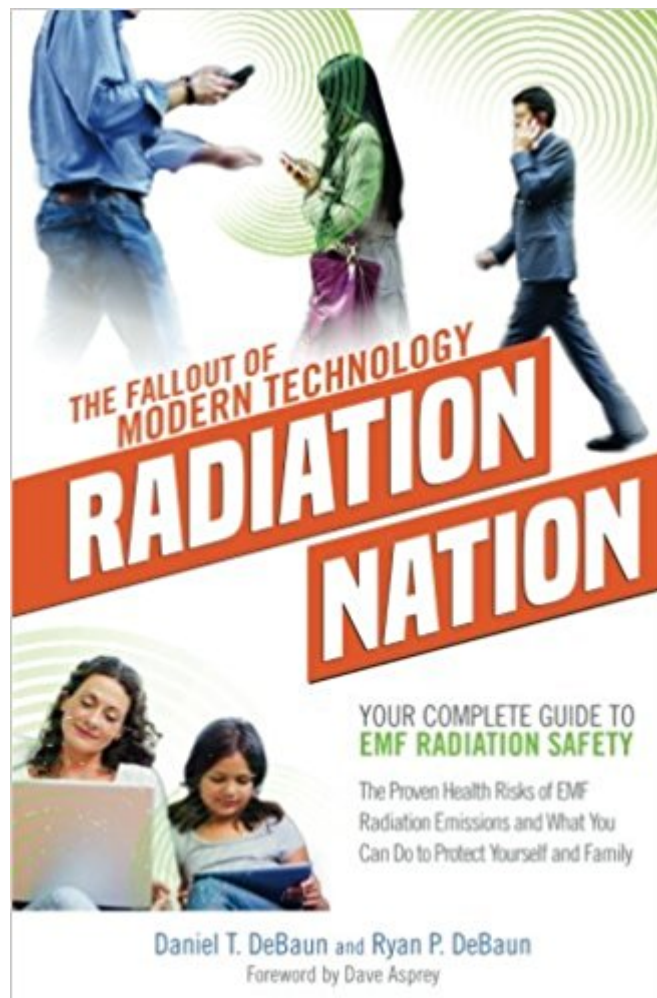


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# Radiation Nation: Fallout Of Modern Technology - Your Complete Guide To EMF Protection & Safety: The Proven Health Risks Of Electromagnetic Radiation (EMF) & What To Do Protect Yourself & Family





## Synopsis

An Invisible Danger on the Rise You eat organic and non-GMO food. You only drink purified water. You take care of yourself and your family's health. But could there be a silent, invisible danger causing potential harm to you and your loved ones? There could. And it's called electromagnetic frequency (EMF) radiation and it's one of fastest growing health issues facing our society. EMF radiation produced by modern technology such as cell phones, tablets, laptops, Wi-Fi, and smart meters is an emerging health threat, and we are all guinea pigs in a giant experiment with many unknown consequences. But Aren't These Technologies Regulated and Safe? Surely the government and other regulatory agencies make sure these technologies are completely safe before they are approved for wide-spread use, right? Think again. Ninety-five percent of American adults use cell phones regularly. Most households have Wi-Fi. And even schools are increasingly becoming dependent on wireless devices. And yet none of these technologies have been proven safe to humans for long-term exposure. In fact, science confirms that the EMF emitted from common electronic devices can cause definite biological changes in the body, and mounting research has already shown it can lead to a long list of health concerns – some of which can be pretty serious. The explosive use of mobile devices only occurred over the last twenty years, yet we have only scratched the surface of what technology is yet to come. Children born today will be exposed to much higher doses of EMF radiation than those born just ten years ago. What are the ramifications and what can we do now to minimize the fallout? Is There a Solution? Fortunately, there are simple and effective steps you can take to minimize the risks. Education is key. With a foreword by Bulletproof's Dave Asprey, Radiation Nation is info-packed with all the essential education you need to make smart choices to stay safe when it comes to technology. In Radiation Nation, you will learn: » What EMF radiation is and how it affects the body biologically » The major health risks including fertility issues for both men and women, DNA damage, cell mutation, cancer and other serious health risks » The latest scientific studies broken down by disease or condition » How EMF radiation specifically affects children and those suffering with electromagnetic hypersensitivity » Why the current safety standards for EMF are insufficient and need to be rewritten » The EMF sources of greatest concern » The most practical precautions you can take for yourself and your loved ones

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## Customer Reviews

-Radiation Nation sheds light on the vitally important issue of EMF radiation in our current world. We are just beginning to understand the far-reaching effects of what will become known as the -smoking gun- of our generation.- - Katie Wells, WellnessMama.com -Very early, I coined this as -the most gigantic human full-scale experiment ever-. Is anyone really seriously believing this is safe? The authors and I do not. To find out more about this topic, read this book - it is written by two genuine experts but for any layman to easily enjoy. The authors explain the current science so well so even I - as a scientist - learned more! - Olle Johansson, Associate Professor in Neuroscience, the Karolinska Institute-When I first interviewed Daniel DeBaun on my podcast, I realized quickly that he is one of the most knowledgeable minds on the face of the planet when it comes to defending yourself from the host of electrical pollution that we now face in our post-industrialized era. Problem is, until I got my hands on Radiation Nation, I could never find one, centralized, convenient location to fill me in on all the existing research on EMF along with every single practical recommendation that exists to actually defend yourself against this radiation. But this book contains everything that you need to know. I cannot recommend this book highly enough if you care about your own health and that of your families in our modern era.--Ben Greenfield, BenGreenfieldFitness.com -EMF safety can be a controversial and confusing topic, but Radiation Nation unpacks it all with ease and clarity. You'll walk away with a solid understanding of EMF risks as well as concrete ways to protect you and your family. This book is a must-read for our digital world!- - Genevieve Howland, Founder of MamaNatural.com -Finally, a handbook that explains the health impact of radiation from our technology and practical steps for protection.-- Lauren Geertsen, Empowered Sustenance-Radiation Nation is a must read for everyone who uses mobile phones, notebooks or

laptop computers. It's an absolute must read for all health care practitioners! As a Nutritional Therapist I have already seen the effects of EMFs on blood sugar regulation and hormones and the potential epigenetic effects on our children and grandchildren can only be described as terrifying. The good news is that Radiation Nation not only helps us to understand the dangers but also teaches us how to safely use the technologies we have grown to love.-- Gray L. Graham B.A., President and Founder of the Nutritional Therapy Association-Nearly all of us living in civilized society today are surrounded by WiFi and other forms of electromagnetic radiation on a 24/7 basis. It is critical to clearly understand the sources of this exposure and minimize risks where and when possible. Radiation Nation explains both the problem and the solutions each of us needs to know to protect our long term health from development of EMF related disease. This information is particularly important for households with growing children for whom excessive exposure to EMFs has become endemic.-- Sarah Pope, The Healthy Home Economist-Radiation Nation is very useful for those who are extensively using a cell phone and other sources of EMF. I highly recommend this book for consumers as well as radiation scientists.- - Dr. Kedar N. Prasad, PH.D., World expert in radiation biology"Radiation Nation sheds light on the vitally important issue of EMF radiation in our current world. We are just beginning to understand the far-reaching effects of what will become known as the "smoking gun" of our generation." - Katie Wells, WellnessMama.com "Very early, I coined this as "the most gigantic human full-scale experiment ever." Is anyone really seriously believing this is safe? The authors and I do not. To find out more about this topic, read this book - it is written by two genuine experts but for any layman to easily enjoy. The authors explain the current science so well so even I - as a scientist - learned more! - Olle Johansson, Associate Professor in Neuroscience, the Karolinska Institute"When I first interviewed Daniel DeBaun on my podcast, I realized quickly that he is one of the most knowledgeable minds on the face of the planet when it comes to defending yourself from the host of electrical pollution that we now face in our post-industrialized era. Problem is, until I got my hands on Radiation Nation, I could never find one, centralized, convenient location to fill me in on all the existing research on EMF along with every single practical recommendation that exists to actually defend yourself against this radiation. But this book contains everything that you need to know. I cannot recommend this book highly enough if you care about your own health and that of your families in our modern era."-Ben Greenfield, BenGreenfieldFitness.com "EMF safety can be a controversial and confusing topic, but Radiation Nation unpacks it all with ease and clarity. You'll walk away with a solid understanding of EMF risks as well as concrete ways to protect you and your family. This book is a must-read for our digital world!" - Genevieve Howland, Founder of MamaNatural.com "Finally, a handbook that explains the

health impact of radiation from our technology and practical steps for protection."- Lauren Geertsen, Empowered Sustenance"Radiation Nation is a must read for everyone who uses mobile phones, notebooks or laptop computers. It's an absolute must read for all health care practitioners! As a Nutritional Therapist I have already seen the effects of EMFs on blood sugar regulation and hormones and the potential epigenetic effects on our children and grandchildren can only be described as terrifying. The good news is that Radiation Nation not only helps us to understand the dangers but also teaches us how to safely use the technologies we have grown to love."- Gray L. Graham B.A., President and Founder of the Nutritional Therapy Association"Nearly all of us living in civilized society today are surrounded by WiFi and other forms of electromagnetic radiation on a 24/7 basis. It is critical to clearly understand the sources of this exposure and minimize risks where and when possible. Radiation Nation explains both the problem and the solutions each of us needs to know to protect our long term health from development of EMF related disease. This information is particularly important for households with growing children for whom excessive exposure to EMFs has become endemic."- Sarah Pope, The Healthy Home Economist"Radiation Nation is very useful for those who are extensively using a cell phone and other sources of EMF. I highly recommend this book for consumers as well as radiation scientists." - Dr. Kedar N. Prasad, PH.D., World expert in radiation biology"Marketing has told us that everyone should have wireless computers, wireless indoor phones, wireless mobile phones. Very early, I coined this as 'the most gigantic human full-scale experiment ever.' Is anyone really seriously believing this is safe? The authors and I do not. To find out more about this topic, read this book - it is written by two genuine experts but for any layman to easily enjoy. The authors explain the current science so well so even I - as a scientist - learned more!"-Dr. Olle Johansson, Ph.D., Associate Professor in Neuroscience, the Karolinska Institute, Stockholm, Sweden"When I first interviewed Daniel DeBaun on my podcast, I realized quickly that he is one of the most knowledgeable minds on the face of the planet when it comes to defending yourself from the host of electrical pollution that we now face in our post-industrialized era. Problem is, until I got my hands on Radiation Nation, I could never find one, centralized, convenient location to fill me in on all the existing research on EMF along with every single practical recommendation that exists to actually defend yourself against this radiation. But this book contains everything that you need to know, from the information to explain to your friends why you might not be holding yourself on up to your ear, to things you never would have realized about common items like laptops and smart meters, to handy, easy-to-understand tip sheets and beyond. I cannot recommend this book highly enough if you care about your own health and that of your families in our modern era."-Ben Greenfield, BenGreenfieldFitness.com"Finally, a handbook that explains the

health impact of radiation from our technology and practical steps for protection. EMF Radiation is the new Round-Up(R) it was made widely available with inadequate safety testing, we are learning too late the detrimental effects on our environment and human health. We must self-educate and self-advocate to protect ourselves from overexposure to EMFs. Radiation Nation is the place to start."-Lauren Geertsen, Founder of Empowered Sustenance and Co-Founder of Meo Energetics

"Radiation Nation is a must read for everyone who uses mobile phones, notebooks or laptop computers. It's an absolute must read for all health care practitioners! As a nutritional therapist I have already seen the effects of EMFs on blood sugar regulation and hormones and the potential epigenetic effects on our children and grandchildren can only be described as terrifying. The good news is that Radiation Nation not only helps us to understand the dangers but also teaches us how to safely use the technologies we have grown to love."-Gray L. Graham B.A., NTP, President and Founder of the Nutritional Therapy Association, Lead Author of Pottenger's Prophecy, How Food Resets Genes For Wellness or Illness

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"Radiation Nation is very useful for those who are extensively using a cell phone and other sources of EMF. I highly recommend this book for consumers as well as radiation scientists."-Dr. Kedar N. Prasad, Ph.D., Author of over 25 books and world expert in radiation biology. Former director of the Center for Vitamins and Cancer Research at the University of Colorado School of Medicine, and the former president of the International Society of Nutrition and Cancer. The first person in the United States to receive a Ph.D. degree in Radiation Biology.

Daniel is an internationally recognized and influential expert in in EMF radiation, related health issues, and shielding, with a particular focus on the effect of exposure from personal mobile devices. Daniel's concern regarding the health impact of EMF emissions grew from over thirty years of engineering experience in the telecommunication industry, where he held a variety of leadership

and executive positions at SAIC, Telcordia, AT&T, and Bell Labs. Through the course of his career, Daniel has created requirements for large telecommunication systems, led technical divisions responsible for establishing industry standards, and formed analysis adherence testing for next-generation digital transmission systems. Daniel also oversaw laboratories that analyzed electromagnetic radiation interference, electrical signals, and digital formats. Daniel is the inventor of DefenderShield(R), a form of protection technology for modern electronic devices. In addition to his work with DefenderShield(R), Daniel is a highly regarded industry consultant, writer, and speaker, as well as a frequent guest on national radio and television programs discussing the impacts of EMF radiation and protection options.

Really important book. There is not enough literature out there on this subject, although a lot of scientific journals are publishing about the effects of electromagnetic radiation. For those who don't read journals, this summarizes nicely what has been studied to-date and why it is an important topic for consideration. This is food for thought. We are surrounding ourselves with electronic devices on a daily basis. But a lot of studies are being published demonstrating that low levels of radiation over a prolonged period of time can and does have an impact on the human body. I like how much effort was put into this volume. I can tell by the number of sources and broad overview of the subject matter. I think this book is good for those who are not familiar with the topic and want to learn more.

Before reading this book I knew next to nothing about the potential dangers of cell phones, laptops, and our other beloved electronic devices. Though mentioned to me a couple times by individuals more wary of technology than myself, I dismissed the idea as a bit too "out there" for me to worry about... after all, if science hasn't proven something clearly and thoroughly, how true can it be? The thing is, science is proving it. There is a steadily growing number of studies that demonstrate a clear link between increased EMF exposure--which all of our devices emit and receive---and adverse physical and mental health effects. Vested interest is the motivation for keeping this knowledge quiet, as it will likely make many people see electronics in a different light and hurt the industry badly. But, if EMF radiation could be the hidden health hazard of this century, much as cigarette smoking was a few decades ago, wouldn't you want to know about it? I found this book to be very informative and thorough. The science behind EMF radiation is explained in ways that are simple to understand. The book also covers the various short and long term effects EMFs have on us, the controversy surrounding studies of this nature, the impacts of EMFs on our children, ways we can protect ourselves, and other subtopics. The book is filled with references and links to studies that



back up Daniel and Ryan's findings. Truly a wealth of information on a subject that I believe we will only hear more and more about as time goes on. Thank you for writing this book and helping people educate themselves.

This is a really good book. I don't know of another book that educates as well as this one does. I think we all assume there is danger with all the radiation in this digital world, but now there are facts to actually back it up. As a father of 2 toddlers, this book has definitely educated me to change our "device" habits. We ended up picking up a few cases for our ipad and phones.

Very informative and helpful to understand the danger of EMFs. I would recommend this book to anyone trying to understand the issue.

Easy to read.

THE SCARY TRUTH...This book is full of information that will change how people live their day to day lives! I am so grateful to have found this book because it is so firmly rooted in SCIENCE and not myth... and let me tell you that you will be amazed at what is learned about the risks of every day devices and activities. If you are a parent, this book is a **MUST READ** to help implement a strategy that will protect the future generations. The authors are experts in the field and have successfully made complex and vital information digestible for the average reader. Thank you for your commitment to this important topic!!

Thank you, thank you, thank you to Daniel and Ryan Debaun for writing this book! I always knew there was an exposure risk with all of the technology we use today, especially smart phones. As a first-time parent of a five month old, I've worried about my baby being exposed to EMF and the long-term health effects for all of us. As concerning as it was to read, I now know that my concerns are validated with scientific studies, facts, and countless countries, cities, and places banning wifi due to the health risk. I don't have a science background but the book is easy to understand and quick to read. Not only does Radiation Nation explain the risks we expose ourselves to almost all day, every day, but it provides easy solutions to reduce the amount of EMF in our lives. I believe this book will forever change how we incorporate electronic devices into our lives. I can only hope this book makes it into the correct hands to affect real change through updated government regulations!

At first I thought this book was going to be a bit dry - technology, et al, HOWEVER, it was anything but dry. This was a fascinating read, written clearly and broken down so that all can understand the potential effects of EMF radiation exposure and how we can protect ourselves. The authors have done their research, and the information presented has been proven in the countless studies cited in the book. This is an important book for everyone to read. It convinced me that I should start taking exposure to EMF radiation seriously and pass the information on to loved ones.

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